LIFE STEMMA ATHOS

WORKSHOP AGENDA

Nea Moudania, 28.10 - 01.11.2026



ΙΕΡΑ ΚΟΙΝΟΤΗΣ ΑΓΙΟΥ ΟΡΟΥΣ ΑΘΩ

ΔΗΜΟΚΡΙΤΕΙΟ ΠΑΝΕΠΙΣΤΗΜΙΟ ΘΡΑΚΗΣ | DEMOCRITUS UNIVERSITY OF THRACE

Les Amis de Solan

LIFE STEMMA ATHOS

WORKSHOP AGENDA

Wednesday, 28th October 2026
_Arrival at Thessaloniki Airport _Transfer from Thessaloniki Airport to Philoxenia Hotel
Buffet dinner at the accommodation venue

Thursday, 29th October 2026	
10:30	**Morning Session** **Welcome Addresses – Presentation of LIFE STEMMA ATHOS**
10:30-10:50	*Welcome and introduction to the programme; introduction of participants*_Father Grigorios of Gregoriou Monastery
10:50-11:00	Brief presentation of the objectives and the flow of LIFE STEMMA ATHOS Workshop
11:00-11:20	*Mount Athos: Historical Background and Administrative Structure*_Father Theophanis of Stavronikita Monastery
11:20-11:50	*The eucharistic way of life as a foundation for environmental management and protection*_Sofia Pavlaki, Lawyer
11:50-12:10	*Mount Athos Center: Advancing Research and Promoting Athonite Heritage*_Anastasios Douros - Director of MA Center
12:10-12:40	**Coffee Break**
12:40-13:10	*LIFE STEMMA ATHOS An overview*_Nikolaos Gounaris - Project Coordinator, Homeotech Co.
13:10-13:30	*Strategic Management Plan of Mount Athos: From Data to Action*_Lefteris Mystakidis, Head of Field Operations & Geospatial IT, Homeotech Co.
13:30-14:00	*An approach to estimate biomass and carbon stock models in Mount Athos*_Spyridon Galatsidas, Professor of Forest management, Democritus University of Thrace
14:00-15:00	**Lunch Break**



Thursday, 29th October 2026	
15:00	**Afternoon Session** **Presentation of Actions LIFE STEMMA ATHOS**
15:00 – 15:30	*Methodology for Establishing a Baseline to Monitor the Impacts of Management Actions on Forest Fuels and Carbon Stocks in the Athos Peninsula*_Panagiotis Paralykidis, Forester MSc, Homeotech Co.
15:30 – 16:00	*Management of Black Pine (Pinus nigra) habitat in Mount Athos*_Aristotelis C. Papageorgiou, Professor of Forest Genetics, Democritus University of Thrace
16:00-16:30	**Coffee Break**
16:30-17:00	*Monumental trees in Mt Athos, indicators for climate change*_Christos Georgiadis, Agronomist MSc, Project Financial Manager
17:00-17:30	*Marie Skłodowska-Curie Program and Staff Exchanges action as the EU flagship funding programme for mobility and training of researchers (European Research Executive Agency (REA)*_Marina Royer Toupitsyna, MSCA Staff Exchanges, Phoenix Project Officer
Buffet dinner at the accommodation venue	

WORKSHOP AGENDA

LIFE STEMMA ATHOS

Friday 30 October 2026	
10:30	**Morning Session** **Networking with other LIFE projects**
10:30-11:00	***LIFE Nieblas****: Innovation in atmospheric water harvesting and environmental reforestation techniques &* ***LIFE Phoenix****: Restoration and improvement of Priority Habitat 9370* "Palm groves of Phoenix"*_Gustavo Viera Ruiz, Project Coordinator, GESPLAN
11:00-11:30	***LIFE LULUCF Atlas****: Greenhouse gas accounting in the land use and forestry sector*_Despoina Vlachaki, LULUCF Consultant, Homeotech Co.
11:30-12:00	***NewLife4Drylands*** *&* ***MONALISA****: Emphasis on Asterousia*_Dr. Michalis Probonas, University of Crete – Natural History Museum of Crete
12:00-12:30	**Coffee Break**
12:30-13:00	*MSCA Staff Exchanges: proposal submission and key evaluation aspects - Call 2027, European Research Executive Agency*_Marina Royer Toupitsyna, Project Officer, MSCA Staff Exchanges Phoenix
13:00-13:30	***MSCA Phoenix:*** *From Fragile Habitat to Sustainable Future: Multidisciplinary Approaches to Protect and Understand Endemic Phoenix spp. Ecosystems*_Dr. Lampros Papalampros, Project Manager, Homeotech Co.
13:30-14:00	*The Chestnut Forests of Mount Athos-Sustainability, Ecosystem Services, Landscape Conservation*_Dr. Stefanos Diamantis, Forest Pathologist, Former Research Director, Forest Research Institute, Hellenic Agricultural Organization – DIMITRA (ELGO-DIMITRA)
14:00-15:00	**Lunch Break**

Friday 30 October 2026	
15:00	**Afternoon Session** **Presentation of Actions LIFE STEMMA ATHOS Workshop on soil fertility**
15:30 – 16:00	*Soil Fertility: A Key to Boosting Resilience Against Climate Change*_Sister Nikodimi, Monastere de Solan
16:00-16:30	*Soil Carbon distribution across different sites of Mount Athos peninsula*_Dr. Michalis Orfanoudakis, Associate Professor of Forest Soils, Democritus University of Thrace
16:30-17:30	**Coffee break and discussion**
Buffet dinner at the accommodation venue	



LIFE STEMMA ATHOS

WORKSHOP AGENDA

Saturday 31 October 2026_MEN	
Full-day visit to Mount Athos	
06:30	Departure from the Hotel Philoxenia
08:00	Arrival in Ouranoupoli
08:30	Arrival in Dafni
9:30	**Lunch in the refectory of the Holy Monastery of Iviron**
10:30	Visit to the facilities of the Holy Community in Karyes and welcome address by its President.
11:15	Visits to project action sites. Educational visit to examine specific project actions at the Holy Monasteries of Iviron, Stavronikita and Simonos Petra
14:00	Coffee and discussion at the Cell of Saint Demetrios, Holy Monastery of Simonos Petra
14:45	Departure from Dafni aboard Agia Anna
16:15	Arrival in Ouranoupoli – Departure for the Philoxenia Hotel
18:00	**Arrival at the Philoxenia Hotel - Buffet dinner**





Saturday 31 October 2026_WOMEN	
Full-day visit to Mount Athos	
06:30	Departure from the Hotel Philoxenia
08:00	Light breakfast and coffee in Ierissos
09:00	Visit to Nea Roda and the Canal of Xerxes
10:30	Departure from Ouranoupoli for boat tour around Mount Athos
13:30	Arrival in Ouranoupoli
14:00	**Lunch in Ouranoupoli**
16:15	Arrival in Ouranoupoli – Departure for the Philoxenia Hotel
18:00	**Arrival at the Philoxenia Hotel - Buffet dinner**

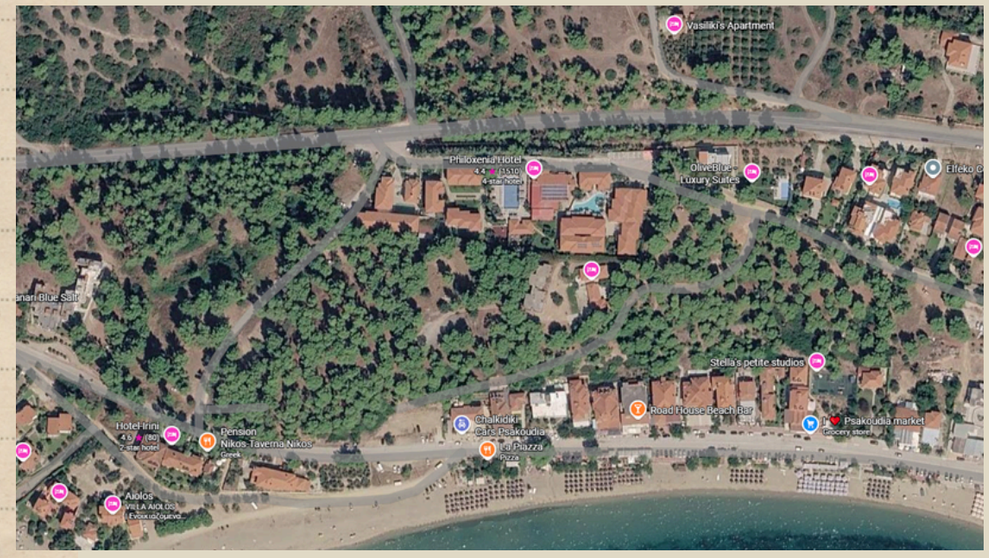
Sunday 1 November 2026 (Optional)	
10:00-11:00	Attendance at Sunday Divine Liturgy
11:00-13:00	Visit to the gardens of Ormylia Monastery
13:00-15:00	Transfer from Psakoudia to Thessaloniki Airport

LIFE STEMMA ATHOS

Practical Information

Hotel

Philoxenia
Main Road Moudania-Sithonia,
Psakoudia 630 71



Venue

Museum of Fishing Boats and Tools,
Vithynias 2, Nea Moudania 632 00



More Information

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